

WELCOME to the next issue of **10 MINUTES OF ENGLISH.**

The article about

Henry VIII on p. 2

*Do you know
Cezar Milan?*

*If your
answer
is "No"
the article
on p. 5 is
for you!*

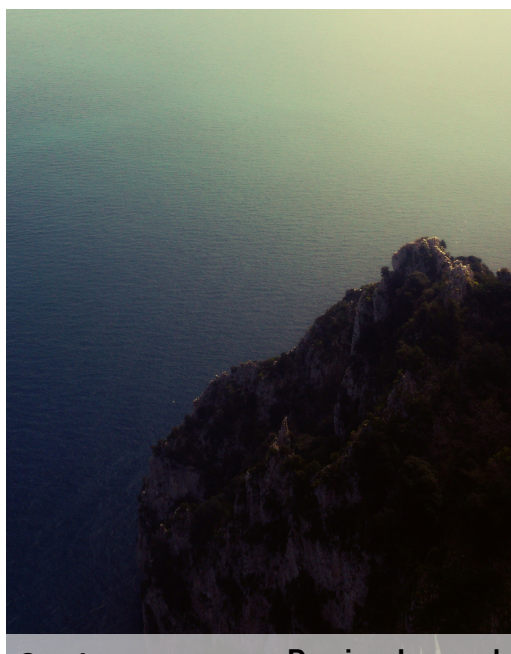


Phrasal

verbs

p.6

*Capri
paradise
on earth
p. 4*



LANGUAGE QUIZ p.7

Ilona Pawlak
(main editor)

in cooperation with

Barbara Gilewska
(articles)

and

Aleksandra Pszczoła (2c)
Maria Rutka (III A)
Damian Juszczyk (III A)
Piotr Szczepanek (2c)

Henry VIII and his wives

Henry VIII is one of the most famous people in English history. He was born on 28th June as the third child of Henry VII and Elizabeth of York. He was the king since **1509 to 1547** and is known as a murderer of his wives. His first wife - **Catherine of Aragon** was a daughter of the king of Spain and a widow after his brother Arthur. It was a political matrimony. Henry's father wanted to make a coalition with the Spanish king. They had a daughter Mary (the future queen of England - **Bloody Mary**), but there was no son so Henry was disappointed. He wanted to get a divorce, so he sent a letter to the Pope, to make him abolish the matrimony, but the Pope refused. That was the reason why Henry separated from the Roman Catholic Church and set up Protestant Church in 1534. Afterwards he exiled Catherine and Mary from court. When Catherine died the king threw a banquet and celebrated her death.



Catherine of Aragon

Wikipedia



Anne Boleyn

Wikipedia

While he was married to Catherine of Aragon he fell in love with **Anne Boleyn**. He made a big coronation ceremony even though Anne was pregnant. They had a daughter Elizabeth (the future queen of England - Elizabeth I) When he found out that he had a daughter he got angry and didn't appear at the official baptism ceremony. They had no sons so Henry started to get angry. He really wanted to have a son because it was essential to keep Tudors on the English throne. He got bored and tired so he found a reason to behead Anne (she was accused of having lovers).



Jane Seymour Wikipedia

During his marriage with Anne Boleyn he fell in love with **Jane Seymour**. She was his favourite wife because of the fact that she gave him a son - Edward. Unfortunately, she died shortly after having a baby. After Jane's death he was really depressed and a lot of people thought he would never have a wife. However, he was shown a portrait of **Anne of Cleves** and decided to marry her. She was very good-looking on a portrait but when he saw her he realised she was ugly and got divorced.

His fifth wife was **Catherine Howard**, a nineteen-year-old niece of Duke of Norfolk. When he found out that a lot of men was around her before the wedding he decided to behead her. When she found out what he wanted to do she ran to him and started pleading but he was ruthless.

He married **Catherine Parr** even though she was in love with another man. Luckily for Catherine Henry died four years after.

Aleksandra Pszczola - 2c



Catherine Parr Wikipedia



Anne of Cleves Wikipedia



Mary I Queen of England Wp



Catherine Howard Wikipedia



Henry VIII Wikipedia



Elizabeth I Wikipedia

CAPRI PARADISE ON EARTH

During my last summer holidays I was honoured to visit a unique location. My destination, Capri, is an intriguing melange of tourist attractions as well as exceptional natural landscapes. Capri is a superb example of coexistence of mass tourism, wondrous nature and timeless culture.

Also, among others, George Bernard Shaw, Graham Greene, Claude Debussy, queen Victoria of Sweden and Mariah Carey were told to be frequent visitors to the island, and not infrequently, owners of caprese villas. The most visited attraction in Capri is the Grotta Azzurra, a phenomenal cave, discovered in the 19th century. Capri is undoubtedly a place where one is confronted with people of different cultures. Time spent in Capri is definitely a time to recuperate and live life to the fullest. The island occupies a crucial role in terms of culture and tourism. Annually, Capri is home to many sorts of organised series of cultural events such as: dance, drama, film, music festivals.

To sum up, Capri is a perfect example of a place which, in spite of many tourist attractions, remains unique. Undoubtedly, such an iconic location will continue to flourish in the future.

Damian Juszczyk IIIA



Capri

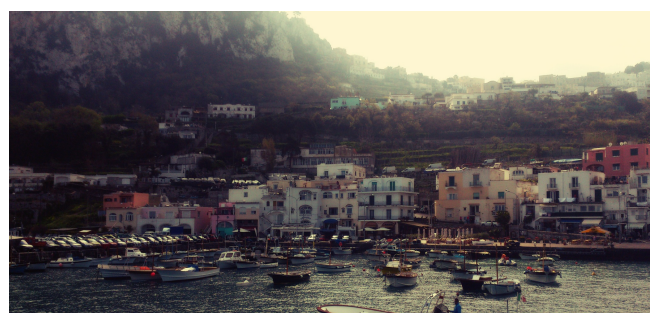
Damian Juszczyk



Capri

Damian Juszczyk

Capri is a small island located in the Bay of Naples. The climate there is hot, but the sea brings freshness and energy. Its seascape, enriched by bustling harbours, creates a notion of paradise. It is also a place with an interesting historical background which dates back to ancient times. Antique Roman *village* and gardens are a sign of a cooperation between humans and nature. *Villa Jovis*, built in the first century BC and attributed to Tiberius, was chosen for its position on the cliff's edge which guaranteed both privacy and security, of vital importance to the Emperor.



Capri

Damian Juszczyk

CESAR MILLAN

Cesar Millan is a Mexican American, self-taught dog trainer. He is widely known for his television series "Dog Whisperer with Cesar Millan". Millan founded the Dog Psychology Center in Los Angeles and he focuses on rehabilitating especially aggressive dogs. He always says: "My goal in rehabilitating dogs and training people is to create a balanced relationship between humans and canines".

I admire Cesar Millan for his character and personality. He is very determined and confident. He approaches dog behaviour by teaching dog owners to establish their role as calm pack leaders. He teaches how to be patient and assertive and shows that every dog is a reflection of his owner. He is a sustainable person, who lives in harmony with nature and himself. He is also cheerful and full of positive energy - he never stops smiling.

I think that apart from being a dog trainer Cesar is also a great human psychologist, because he shows us that the most important change in dogs rehabilitation is the change of the owner. That is why we can say that working with a dog is actually working with ourselves.



I highly respect him, because he taught me how to build a deep relationship with my dog and to be responsible for him. Because of his techniques I started to live a balanced life and got to know myself better. I owe him a great motivation to work not only with my dog but also with myself what is very important in my personal education.

Maria Rutka III A



PHRASAL VERBS

Blow up

- to explode or to cause (something, such as a bomb) to explode

The bridge was blown up by a bomb.

- to become very angry

When I said I couldn't help her, she blew up.

Bring up

- to take care of and teach a child who is growing up

Their grandparents brought them up because their parents were always away.

- to mention when talking, to start to talk about something

Don't bring up that problem again, please!

Call off

- to stop doing or planning to do something

Julia called off the wedding, she decided she didn't love him.

Carry on

- to continue to do what you have been doing

Sorry I interrupted, carry on talking!

Come across

- to seem to have a particular quality or character: to make a particular impression

Julia came across as a bit moody.

- to meet or find something or someone by chance

John was leaving the fruit shop and he came across Tom, what a coincidence.

Come up with

- to think of a plan or a solution to a problem

We finally came up with a solution!

Fall apart

- to break into parts in usually a sudden and unexpected way

My cake fell apart when I tried to cut it.

- to become unable to live in a normal way because you are experiencing a lot of confusion or emotional pain

After the accident, she fell apart.

Give up

- to stop an activity or effort : to admit that you cannot do something and stop trying

"We all gave up smoking on January 1st"

Go on

- to continue.

"They landed in Paris and then went on to Montpellier"

- to go or travel to a place before another person or group that is with you.

"You go on to the restaurant, I'll come in 10 minutes"

- to happen

"What's going on? What's happening?"

- Used in speech to urge someone to do something

"Go on! Try it, it's delicious"

Pass out

- to fall asleep or become unconscious.

"Lisa was so tired, she got home and passed out on the sofa"

- to give (something) to several or many people.

"I passed out leaflets with information on our course"

Get away

- to go away from a place

I can't wait to get away from the city.

- to avoid being caught, to escape

The thieves managed to get away in a stolen bus.

- not be criticized or punished for something

Ann is always lying, I can't understand how she gets away with it.

Get over

- to stop feeling unhappy about something

Finally, Angie got over her ex-boyfriend.

- to become healthy again after an illness

Dave has gotten over the flu.

Hold on

- to have or keep your hand, arms, etc., tightly around something.

Hold on to the railing, that way you won't fall.

- to succeed in keeping a position, condition, etc.

I will hold on to my job until May.

Watch out

- to be aware of something dangerous.

"Watch out in the mountain, there are bears there!"

LANGUAGE QUIZ

How to get an additional grade in English?

Answer the following questions concerning phrasal verbs, write an e-mail with the

correct answers as well as the translation into Polish and send it at the address

culturequizbatory@gmail.com

First 30 students with the correct answers will get an additional 6 in English!

1. You have to stand up _____ yourself. Don't let other people treat you like this.

- a) for
- b) of
- c) with

2. I fainted but I came ____ immediately and I'm fine now.

- a) back
- b) from
- c) round

3. The book fell ____ the bookcase.

- a) into
- b) down
- c) off

4. The girl went ____ with her speech.

- a) by
- b) on
- c) off

5. He always looks ____ on his enemies.

- a) down
- b) up
- c) off

6. I wonder if the game will catch _____ with young people.

- a) up
- b) along
- c) on

7. I don't know if I wrote this word correctly so I have to look it ____ in a dictionary.

- a) through
- b) in
- c) up

8. She came ____ with a great idea.

- a) up
- b) on
- c) for

9. He tries to stay ____ from troubles.

- a) from
- b) away
- c) through

10. She will call ____ her extra classes. She needs to go to the doctor.

- a) out
- b) off
- c) down

Piotr Szczepanek 2c
Ilona Pawlak