



## WE ARE WHAT WE EAT



**Third project meeting in Małkinia Górna, Poland**  
**7.03-12.03.2022**

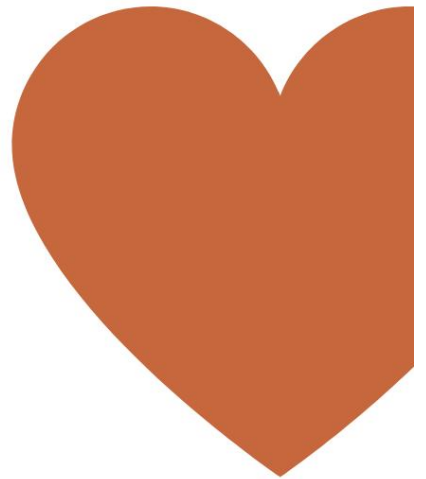
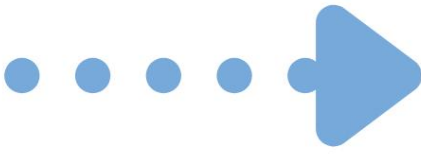


## **Day 1 - Monday**

**The first day we started in our school. At the beginning there was a welcome ceremony where the headmistress Marta Jasionek and the Mayor of our commune Bożena Kordek welcomed our Turkish guests. Later, we had short ice breaking activities. After integration games everybody went for a coffee break and set off to Warsaw. The first point of our trip was a walk around the Old Town. Project participants had a chance to see the Roayl Castle and the Zygmunt's Column. Next we went to the Palace of Culture and Science where we climbed on the top of the building to admire the beautiful panorama of the city. After a day of sightseeing, we had dinner in the Pizza Hut and came back to Malkinia. It was tiring but very interesting day.**



## Dwójeczka - Erasmus+ Turcja

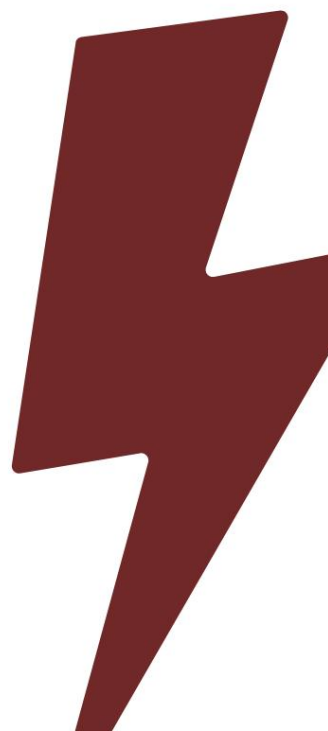




## **TUESDAY, 8th March**

**We started our second Day of mobility very early in the morning. At 7 a.m. we set off to Gdańsk, one of the biggest cities in the north of Poland. The first place that we visited there was Westerplatte and the Museum of World War II. Everybody was impressed. After that we went for lunch and to the hotel to leave our luggage. In the afternoon we visited Gdańsk's pier at the Baltic Sea. The views were amazing! Everyone took a lot of photos. In the evening we went for a walk to the Old Town in Gdańsk where we saw the Neptun fountain and a lot of beautiful buildings. Gdańsk by night is awesome. We were happy to be there with our Turkish friends.**

## Dwójeczka - Erasmus+ Turcja



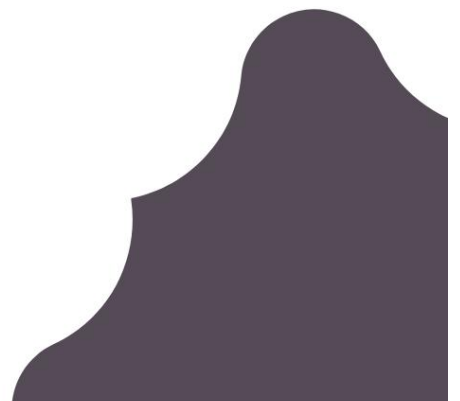
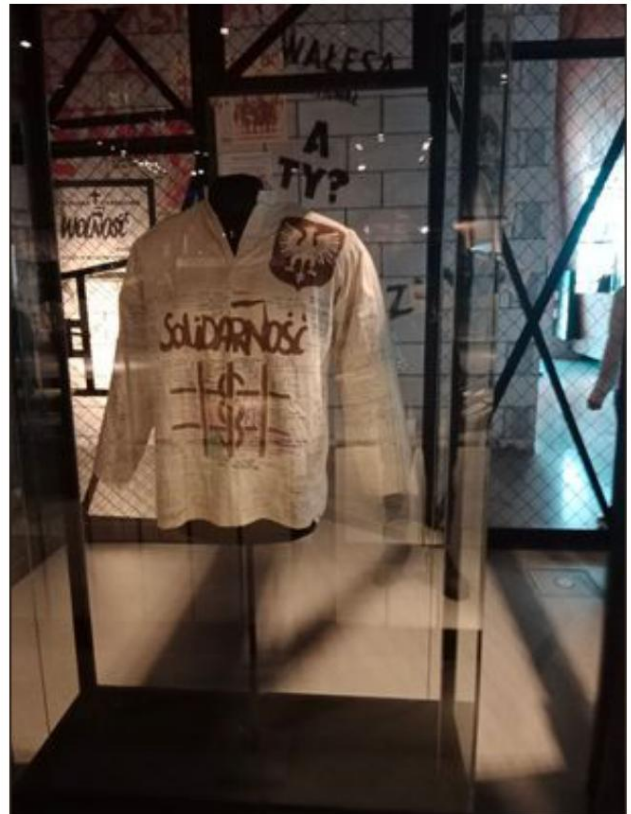
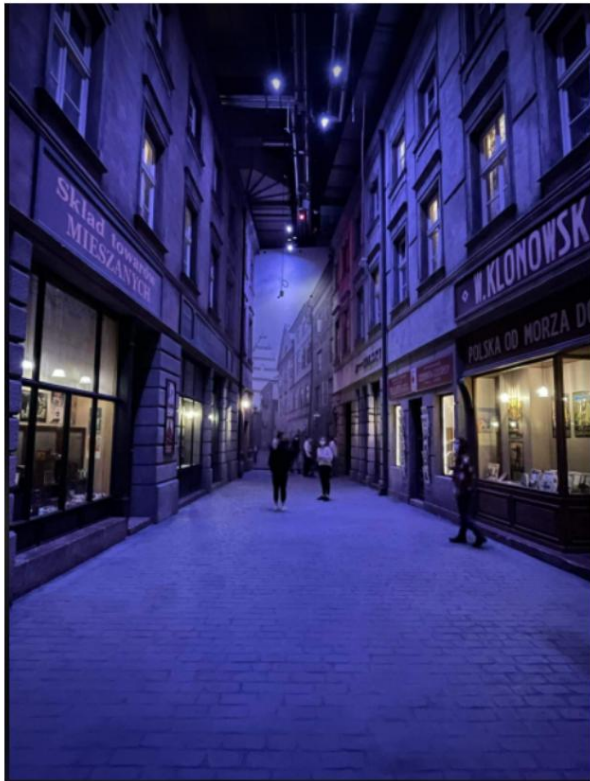
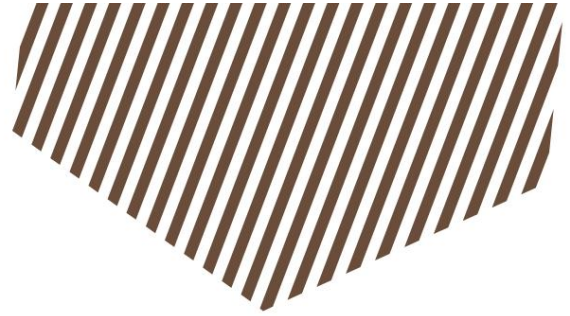


## Wednesday, 9th March

On the third day of our project we visited St. Mary's Basilica. The church was a very beautiful place because of the interior full of unique antiques and because of the history that the building hides. The St. Mary's Basilica is built of red bricks because this was the material that prevailed in these regions. The place we visited next was the Solidarity Museum. This museum was filled with the history of Poland, the fight for independence against the partitioners. With objects, clothes of soldiers and people who died in the war we could see how terrible the war was. In the museum showcases there were weapons, vehicles used by the armies of different countries. In the museum we could hear not only about the disputes between other countries, we could also learn about the lives of civilians who lived in these difficult condition. In museum we could learn about the birth of Solidarity. The last attraction of the day was the Baltic Sea, where we could relax listening to the sound of the waves.



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## **Day 4- Thursday**

**The fourth day was full of attractions. In the morning, we participated in workshops about GMO food production and Food Sovereignty.**

**We got to know the definitions of GMOs and different methods of preserving food. We played interesting games like puzzles. We had thematic small-talks. At the end of the workshops there was a kahoot quiz. Everybody had a chance to check the acquired knowledge. The next point of that day was the school tour followed by lunch at a nearby pizzeria. After the lunch we went to Rostki Wielkie where The Major of our commune Bożena Kordek and the local housewives "Rostkowiarki" wearing folk costumes welcomed us with bread and salt. The housewives offered us traditional Polish dishes. During the meeting we presented recipes of traditional Turkish and Polish dishes. An additional attraction was the performance of a folk band Małkinianka. It was a day full of positive impressions.**



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## **Friday, 11 th March**

**Our last day of project meeting we started from visit to Treblinka Nazi extermination camp. Students from our school presented different facts about the camp, the crimes committed on people prisoned there and the people who devoted themselves to save other lives. Next we went to the Treblinka museum and we watched films about Treblinka Nazi extermination camp, it was really interesing for everyone of us. When we get back to school we had workshops where we were learning Polish launguage. It was very funny! After our Polish lesson we played Kahoot, and then we went to the farewell meeting where every participant received the certificate and some souvenirs. It was very intresting and at the same time very hard day for us because we had to say goodbye to our Turkish friends. We will save these memories to the rest of our lives.**



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# DWÓJECZKA

**ADRES KORESPONDENCYJNY :**

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W MAŁKINI, 07-320.**

**REDAKCJA MŁODZIEŻOWA**

**„DWÓJECZKA,, PR. JUNIOR MEDIA**

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